



Dr Radcliffe's CE Primary School

Curriculum Information

Physical Education ('PE')

Intent

Our school aims to inspire all children to develop a love of physical activity and sport. Through good physical education, whole school values and a whole child approach, we aim to nurture confident, resilient children who will strive for their personal best. We listen to our children's wants and needs and provide them with a range of active experiences and clubs. We want to aid our children in obtaining the values and skills to celebrate and respect the success of others, as well as celebrating their own successes. We aim to ensure that our delivery of physical education allows all children to have the skills and mindset to leave primary school with the capabilities to be successful in sporting challenges and active lifestyles at secondary school and beyond.

We recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. The aim of our PE programme is to develop children's basic physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle. PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills. These skills are embedded in our planning.

Our objectives in the teaching of PE align with the National Curriculum in that we aim to ensure all pupils:

- develop competence to excel in a broad range of physical activities.
- are physically active for sustained periods of time.
- engage in non-competitive and competitive sports and activities.
- lead healthy, active lives.

Implementation

Our PE lessons are planned using the Get Set 4 PE platform <https://getset4education.co.uk/>, which aligns with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum. Progression of skills and knowledge is built into the scheme which ensures our children are increasingly challenged as they move up through the school. The curriculum planning in PE is carried out in three phases (long-term, medium-term and short-term). The long-term plan maps out the PE activities covered in each term during the key stage. Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit. The short-term lesson plans provide differentiated opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area. Each unit has an overview covering knowledge and key skills, whole objectives (including Social, Emotional and

Thinking 'SET'), assessment criteria, links to the National Curriculum and healthy participation. Each lesson plan within units has learning objectives, success criteria, whole child objectives and lesson formats of warm up and introduction, skill development and plenary. Each section has differentiation for children at different stages of their PE journey, including planning for those working towards and beyond the lesson success criteria.

Children participate in two PE lessons per week, taught by their class teacher. We also have a sports coach who supports in lessons and at sports events.

To ensure high quality delivery of PE lessons, you will see:

- Consistency in teaching including an active starter, warm-up, skill development followed by a game or sequence.
- Use of same organisation routine throughout the school.
- Differentiated tasks to ensure good progress.
- Use of formative assessment strategies during the lesson.
- Summative assessment is included throughout all units of work.

The planning and coordination of the teaching of PE is the responsibility of the PE lead who:

- Supports colleagues in their teaching, providing a strategic lead and direction.
- Evaluates the strengths and areas for development in the subject through staff and pupil voice questionnaires.
- Reviews evidence of the children's work and observes PE lessons.
- Monitors and evaluates the quality of teaching and learning in PE.

We are a member of the North Oxfordshire School Sports Partnership. This enables us to take part in around 20 sports events outside school each academic year. These events are inclusive with up to three teams per year group attending and a number have competitive pathways, including to county level school sports events. This includes our receiving the School Games Gold Sports Mark through our children's involvement in a wide range of events.

We are fortunate to have a large playground, all areas of which are used all year round as well as a wooded area behind the school. Our daily active playtimes are based on the Opal methodology <https://outdoorplayandlearning.org.uk/the-opal-primary-programme/> This provision has a considerable impact on children's overall fitness and creativity in play. We also deliver <https://corefulness.com/> exercise programmes for core strength development, including in EYFS. We have annual sports days, in house sports events and an annual Day of Dance. The school has a number of after school sports clubs, including Dance,

QuadKids <https://www.quadkids.org/>, Cross Country, Football and Tennis. Participation at sports events and after school clubs is monitored by the PE Lead.

Impact

Through teaching high quality PE, the children will:

- Be motivated to acquire new knowledge and skills in a variety of sports.
- Learn to be creative, competitive and co-operative.
- Face challenges as individuals and in small groups or teams.
- Show resilience when tackling new skills and challenges.
- Make considered decisions to suit a variety of challenges set.
- Be able to demonstrate their learning, using a range of communication styles, allowing for effective evaluation, assessment and feedback.
- Understand how to lead a healthy lifestyle and the benefits of regular physical activity.
- Enjoy PE and develop a love of sport.

Long Term Plan

The Units which the children study in each year group are:-

	TERM 1		TERM 2		TERM 3	
Reception <i>Year R</i>	Introduction to PE : Unit 2	Fundamentals : Unit 2	Gymnastics : Unit 2	Games : Unit 2	Dance : Unit 2	Ball Skills : Unit 2
Year 1 <i>Year 1</i>	Fundamentals Yoga	Ball Skills Gymnastics	Net and Wall Games Fitness	Multiskills Target Games	Athletics Invasion Games	Dance Striking and Fielding Games
Year 2 <i>Year 2</i>	Gymnastics Ball Skills	Fundamentals Target Games	Dance Striking and Fielding Games	Fitness Invasion Games	Net and Wall Games Athletics	Target Games Sending and Receiving
Year 3 <i>Year 3</i>	Football Netball	Hockey Gymnastics	Tag Rugby Cricket	Swimming Tennis	Rounders OAA	Athletics Dance
Year 4 <i>Year 4</i>	Football Dance	Yoga Swimming	Hockey Gymnastics	Dance Tennis	OAA Rounders	Athletics Cricket
Year 5 <i>Year 5</i>	Tag Rugby Yoga	Netball Fitness	Dodgeball Swimming	Hockey Dance	Tennis OAA	Athletics Cricket
Year 6 <i>Year 6, Year 7</i>	Netball Tag Rugby	Dance Football	Gymnastics Athletics	Badminton Y5/6 Cricket	OAA Rounders	Swimming Athletics

Further information on our PE Curriculum is available on our website at <https://www.dr-radcliffes.org.uk/pe-3/>

This includes:-

Progression documents

- Long Term Progression Map.
- Skills and Knowledge Progression Ladders.

Documents which may be of particular interest in supporting your child at home include:-

- Knowledge Organisers, which include activities to do at home.
- Vocabulary Pyramids, which contain relevant vocabulary by area and year group.

If you have any further queries on PE or wider provision for your child, please contact the school, including on office.3828@dr-radcliffes.oxon.sch.uk