



Today is the day for parents, carers, grandparents and others to talk to children and young people about how they are connecting with others online and if they know how to stay safe.

What is a good starting point?

We've heard from over 12,000 primary aged children across the UK what they believe their online rights and responsibilities are. These have informed the **conversation starters** below.

Rights and Responsibilities Charter

1. I should feel safe and enjoy being on the internet
2. I should be able to tell someone if something has worried me on the internet
3. I should not be bullied on the internet, and should not bully others
4. I should help my friends stay safe on the internet
5. I should be able to report anything that worries me on the internet
6. I should be able to talk and play on the internet with my friends
7. I shouldn't have to see unpleasant or hurtful things on the internet
8. I should know how to keep my personal information safe
9. I should be able to easily search the internet for information
10. I should learn how to stay safe on the internet

This charter has been taken from the UK Safer Internet Centre 'Have Your Say Survey' results. This survey had a sample size of 24,097 young people aged 7-19 from across the UK. See the results here: www.saferinternet.org.uk/survey.

Conversation starter ideas

1. Ask children to tell you about what sites they visit and what they enjoy doing online.
2. Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share online?
3. Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.
4. Ask them for help, whether they can show you how to do something better online or they have a friend who they think might benefit from some help?
5. Think about how you as a family connect with respect! What could you do to get more out of the internet?

Some activities you could undertake together:

Read 'Digiduck's Big Decision'; a story of friendship and responsibility online. The story is available to read online and download at kidsmart.org.uk/teachers/ks1/digiduck.aspx

Take the Internet Safety IQ Test and find out your score. Who's got the most to learn in your family or are you all safety savvy? www.saferinternet.org.uk/safer-internet-day/2013/quiz

Check out the Childnet Family Agreement and think about what your 'rules' are for using the internet, mobile phones, games consoles and other devices like the iPod Touch or iPad: www.digizen.org/digicentral/family-agreement.aspx

Use the helping hand activity to think about who you would go to for help online, or who you could offer help to: www.saferinternet.org.uk/downloads/resources/SID2012/primary/5_Quick_Classroom_Activities.pdf